Revealing her unique potential

2012

Co-Curricular Handbook
# Table of Contents

## Co-Curricular Activities Program
- Arts and Cultural Activities 2
- Sporting Activities 2
- Tours 3
- Clubs/Groups 3
- Training/Practice/Rehearsal 3
- Private Tuition Program 3

## Arts, Cultural and Other Activities
- Art Committee 4
- Brass Quintet 4
- Chamber Choir 4
- College Chorale 5
- College Orchestra 5
- Dance Troupe (Senior and Junior) 5
- Debating 6
- Highland Dancing 6
- Intermediate Band 6
- Intermediate Strings 7
- Musical 7
- Physical Theatre Showcase 7
- Junior Band 8
- Junior Primary Choir 8
- Junior Strings 8
- Senior Percussion Ensemble 8
- Junior Percussion Ensemble 9
- Secondary and Primary Guitar Ensemble 9
- Primary Recorder Ensemble 9
- Public Speaking 9
- Senior Primary Choir 10
- Senior Rock Band (R, O, C and K) 10
- Stage Band 10
- String Orchestra 11
- Training Band 11
- Training Choir 11
- Training Strings 11
- Vocal Point 12
- Wind Symphony 12
- Secondary String Quartet 12
- Primary String Quartets 12
- Chamber Ensembles 13

## Sporting Activities
- Aerobics 14
- Athletics 14
- Badminton 14
- Basketball 15
- Cross Country 15
- Equestrian 16
- Fencing 16
- Football 16
- Gymnastics - Artistic 17
- Gymnastics - Rhythmic 17
- Hockey QGSSSA 17
- Hockey Club 18
- Netball 18
- Sailing 19
- Softball 19
- Swimming 20
- Tennis 20
- Touch Football 21
- Triathlon 21
- Volleyball 22
- Water Polo 22

## Tours and Exchanges
- America 23
- Indian Himalaya Expedition 23
- International Exchanges 23
- Japan Tour 24
- Japanese Homestay Program 24
- Music Tour 24
- New Caledonia or France 25
- New Zealand Ski Trip 25
- International Sports Tours 25

## Clubs and Groups
- Amnesty International 26
- Book Club 26
- Chess 26
- Duke of Edinburgh 26
- Future Problem Solving 27
- Greening MBC 27
- ICT/Audio Visual Support 27
- Leo Service Club 27
- Mooting 28
- Readers Cup 28
- Rock – Inter-School Christian Fellowship 29
- SCOPE 29
- Student Representative Council 29
- SUPA Club – Scripture Union Primary Age Club 29

## Private Tuition
- Ballet 30
- Drama Group 30
- MBC Centre of Excellence in Gymnastics – Artistic 31
- MBC Centre of Excellence in Gymnastics – Rhythmic 31
- Speech and Communication 31
- Swimming 32
CO-CURRICULAR ACTIVITIES PROGRAM

Moreton Bay College believes in a balanced educational experience. All girls are encouraged to participate in our co-curricular program which provides opportunities in a wide range of activities that include sporting, cultural, social and personal areas.

Through these activities, each student has the opportunity to reveal her unique potential; spiritually, socially, physically and culturally. Excellent facilities and highly accredited instructors maximise the girls’ opportunity for success and personal growth.

ARTS AND CULTURAL ACTIVITIES

MBC is proud of the breadth and depth of its Arts and Cultural program. Participation in these activities contributes to the development of the whole person and promotes lifelong learning through engagement with the Arts and other cultural spheres.

Within the Arts and Cultural program the following activities are offered: Debating, Public Speaking, Mooting, a variety of Music Groups (including Wind Symphony, Rock Band and other ensembles), Play productions, Theatre Sports and Musicals.

Rehearsal times for music ensembles are taken from the 2011 schedule. Days, times (and conductors) may change in 2012.

SPORTING ACTIVITIES

Many sports are offered at Moreton Bay College across all four terms of the school year. Some sports commence and finish within the same term, others commence training in one term and culminate with competitions in the next term, while some sports are all year long.

MBC is a member of the Queensland Girls’ Secondary Schools Sports Association (QGSSSA) and the Andrews Cup Association. The majority of sporting competitions are conducted by these Associations, while others are operated by a range of Sports Associations and State Sporting Organisations.

MBC is also a member of the Metropolitan East District Schools Association, which provides opportunities for students to be selected in Regional and State teams for some sports.

Several sports, including Cross Country and Swimming, conduct live-in camps during their pre-season preparation and are only available to students in Years 7 - 12. These camps are usually held in the holidays or a weekend. Participation in these camps is not compulsory for selection into teams; however, girls who attend receive enormous benefits from this intensive period of coaching. Camps are also a lot of fun with many recreational activities organised between training sessions.

Several sports are assisted by a Parent Support Group which operates under the umbrella of the MBC Parents and Friends’ Association (P&F). These Support Groups assist in a wide variety of ways, including catering, fund-raising, results recording, equipment transport and general assistance on competition days. Regular meetings are held by each sporting Support Group, and help is always welcomed. Further information can be obtained by contacting the Support Group representative listed for each sport.

If you require further information about any sport, please contact the Head of Sport P - 12, Mrs Sue Pavish, on 3390 8555.

TOURS

The Tours program offered by the College enables students to experience a cultural exchange through international travel or to host a student from Japan or New Caledonia.

The benefits of participation in this program are many, including broadening students’ consideration and understanding of others, personally and culturally, and the development of tolerance and resilience in meeting the challenges of a new situation.

CLUBS/GROUPS

Clubs and Groups at MBC extend the range of co-curricular activities available to students. Areas as diverse as Service Learning, Christian fellowship and academic extension, provide opportunities for students to engage with others across year levels in various interest areas.

TRAINING/PRACTICE/REHEARSAL

With the privileges of the co-curricular offerings, come corresponding responsibilities. Students are expected to be punctual to all training/practice sessions and are to wear appropriate uniforms and, at all time, footwear. Secondary students may arrive and depart from the College in their sports uniform if they are transported directly by car and are arriving before 7.30am or departing after 4.30pm. In all other circumstances, students must arrive and depart in their full uniform. Students must observe a high standard of personal behaviour and dress at all times.

PRIVATE TUITION PROGRAM

As an adjunct to the College co-curricular program, private tuition provides participating students with a further opportunity to develop skills and expertise in the cultural and sporting arena.
ART COMMITTEE

**Season:**
Terms 1 - 4

**Groups:**
All welcome

**Day(s)/Time:**
To be confirmed

**Coordinator:**
Mrs Karen Runge 3249 9336

**Other Information:**
The Arts Program continues to flourish, and students may be involved in a number of art events:
- General displays of artworks in and around the College Reception areas and Music Centre foyer
- The P-12 Greene-ware student exhibition in August, for which they may undertake specific supporting roles: hostess, promotions officer, graphic artist, framer
- Welcoming and thanking artists who visit the College
- Helping in the Art room
- Assisting when student work is entered into local exhibitions and art competitions
- Fund raising art auctions
- Community art and lunch time activities

BRASS QUINTET

**Season:**
Terms 1 - 4

**Rehearsal Venue:**
Music Centre

**Day(s)/Time:**
To be confirmed

**Uniform:**
Music Performance Uniform

**Coordinator:**
Mr Josh McKeachie

**Other Information:**
Open to girls in Years 8 – 12
Entry by audition.

CHAMBER CHOIR

**Season:**
Terms 1 - 4

**Rehearsal Venue:**
Music Centre

**Day(s)/Time:**
Thursday 7.10am - 8.10am

**Uniform:**
Music Performance Uniform

**Coordinator:**
Miss Elena Papas 3907 5711

**Other Information:**
Open to girls in Years 8 – 12
Entry by audition.
Performance opportunities – school functions, concerts, church events.

ARTS, CULTURAL AND OTHER ACTIVITIES

COLLEGE CHORALE

**Season:**
Terms 1 - 4

**Rehearsal Venue:**
Music Centre

**Day(s)/Time:**
Wednesday 3.30pm – 5.00pm

**Uniform:**
Music Performance Uniform

**Coordinator:**
Miss Elena Papas 3907 5711

**Other Information:**
Open to girls in Years 8 – 12
Entry by audition
Performance opportunities – school functions, concerts, retirement villages, church events.
Wide variety of styles from popular to classical.

COLLEGE ORCHESTRA

**Season:**
Terms 1 - 4

**Rehearsal Venue:**
Music Centre

**Day(s)/Time:**
Thursday 3.30pm – 5.00pm

**Uniform:**
Music Performance Uniform

**Conductor:**
Elena Papas 3907 5711

**Other Information:**
Entry by audition
Core String ensemble.
Wind players must be members of Wind Symphony.
Percussion players must be members of Percussion Ensemble,
Wide range of music styles covered, and a high level of musicianship achieved.
Performance opportunities – school functions, concerts, external performances.

DANCE TROUPE (SENIOR AND JUNIOR)

**Season:**
Terms 1 - 4

**Description:**
The Senior and Junior Dance Troupes are dance performance groups which compete in eisteddfods and perform at other College events.

**Auditions:**
Students audition in an open audition for places in either the Senior (Years 11 and 12) or Junior (Years 8, 9 and 10) troupe.

**Performance Dates:**
- Brisbane Eisteddfod – May
- Gold Coast Eisteddfod – August

**Venue:**
Performance Room

**Rehearsals:**
2 hours per week

**Coordinator:**
Head of Dept. Drama/Dance/Performance 3390 8555
DEBATING

Season: Terms 1 - 4
Groups: A number of teams participate in the Queensland Debating Union competition (Years 8 – 12) and the Redlands District Primary Schools Debating Competition (Years 6 – 7).
Training: At the discretion of individual coaches – it can be prior to school, at lunchtime or in the afternoon.
Competition Venue: Varies depending on the host school
Uniform: Full College Uniform
Coordinators:
Secondary: Mrs Robyn McNamara 3249 9367
Primary: Mrs Kylie Phillips 3249 9360

HIGHLAND DANCING

Season: Terms 1 - 4
Eligibility: Years 3 – 12
Venue: Winchester Centre
Day(s)/Time: Beginning students – Tuesday 7.30am – 8.15am
Experienced dancers – Friday 7.30am – 8.15am
Uniform: Pleated tartan skirt (previous sports skirt supplied), white shirt (winter uniform), or white blouse, school socks, dancing shoes, beret (supplied) and sash (supplied) used for displays and performances.
Kilts supplied when necessary.
Coordinator: Mrs Tracey Heazlett 3249 9360

INTERMEDIATE STRINGS

Season: Terms 1 - 4
Training Venue: Music Centre
Day(s)/Time: Monday 3.30pm – 5.00pm
Uniform: Full College Uniform
Conductor: Mrs Vanessa Lougheed 3907 5710
Other Information: For students approximately Years 2 – 4 AMEB standard. Entry by audition.

MUSICAL

Held: Every second year (2012)
Cost: Costume and travel levy
Eligibility: Entry is by audition, students are required to sing and dance. Call back auditions will also require students to read dialogue.
All secondary students are invited to audition.
Coordinator: Head of Department, Drama/Dance/Performance
Other Information: This production aims to provide students with an opportunity to perform in a professional standard venue with full theatrical facilities. This enhances their understanding of the process of producing a full scale production and informs their classroom study in Drama, Dance and Music.

PHYSICAL THEATRE SHOWCASE

Held: Every second year (2013)
Cost: Costume levy
Eligibility: Entry is by audition, students are required to dance and participate in a team physical problem solving workshop. Call back auditions will also require students to read dialogue.
All Year 8-12 students studying Drama and Dance are invited to audition.
Coordinator: Head of Department, Drama/Dance/Performance
Other Information: This production is a group devised performance, drawing on the abilities of the ensemble. It aims to showcase the variety of talents and fuse genres including: drama, music, dance, gymnastics, singing, puppetry, mime, clowning and circus.
**JUNIOR BAND**

Season: Terms 1 - 4  
Rehearsal Venue: Music Centre  
Day(s)/Time: Friday 7.10am – 8.10am  
Uniform: Full College Uniform  
Conductor: To be confirmed  
Other Information: Entry by audition. Usually girls in Years 6 and 7. Performance opportunities - school functions, concerts.

**JUNIOR PRIMARY CHOIR**

Season: Terms 1 - 4  
Groups: Up to 60 members  
Rehearsal Venue: Primary Music Room  
Day(s)/Time: Wednesday 12.45pm – 1.10pm  
Uniform: Full College Uniform  
Conductor: To be confirmed  3249 9394  
Other Information: Open to girls in Years 4 and 5  
Informal performance opportunities – school functions, concerts and eisteddfods.

**JUNIOR STRINGS**

Season: Terms 1 - 4  
Rehearsal Venue: Music Centre  
Day(s)/Time: Monday 7.10am – 8.10am  
Uniform: Full College Uniform  
Coordinator: Mrs Vanessa Loughhead  3907 5710  

**JUNIOR PERCUSSION ENSEMBLE**

Season: Terms 1 - 4  
Rehearsal Venue: Music Centre  
Day(s)/Time: To be confirmed  
Uniform: Full College Uniform  
Contact: Heather Harcourt  3907 5710 for further details  
Other Information: For all percussionists. Emphasis on building ensemble and performance skills.

**SECONDARY AND PRIMARY GUITAR ENSEMBLE**

Season: Terms 1 - 4  
Rehearsal Venue: Music Centre  
Day(s)/Time: Thursday 3.30pm - 5.00pm  
Uniform: Black trousers, Black shirt  
Coordinator: Mr Simon Merry 3907 5710  
Other Information: Entry by audition.

**PRIMARY RECORDER ENSEMBLE**

Season: Terms 1 - 4  
Groups: Up to 20 members  
Day(s)/Time: Friday 7.45am – 8.15am  
Uniform: Full College Uniform  
Coordinator: To be confirmed  
Other Information: Open to girls in Years 6 and 7  
Entry by audition. Performance opportunities – School functions, concerts and eisteddfods.

**PUBLIC SPEAKING**

Season: Throughout the year, but depends on scheduling done by host organisation  
Groups: Selected/Nominated individuals from Years 6 – 12  
Training: At discretion of coach – before and after school, lunchtime  
Competition Venue: Depends on competition host. Competitions include: Lions Youth of the Year, Rostrum Voice of Youth, Carter Shield, Plain English Speaking Award, Rotary Primary Public Speaking Competition, Moreton Bay Speakers Afternoon.  
Uniform: Full College Uniform (stockings for competition)  
Coordinators: Secondary: Roybn McNamara  3249 9367  
Primary: Mrs Kylee Phillips  3249 9360
SENIOR PRIMARY CHORUS

Season: Terms 1 - 4
Groups: Up to 60 members
Rehearsal Venue: Primary Music Room
Days/Time: Wednesday 3.15pm – 4.15pm and Thursday 12.45pm – 1.15pm
Uniform: Full College Uniform
Conductor: TBC 3249 9394
Other Information: Open to girls in Years 6 and 7.
Entry by audition.
Performance opportunities – school functions, retirement villages, eisteddfods and concerts.

SENIOR ROCK BAND (R, O, C AND K)

Season: Terms 1 - 4
Rehearsal Venue: Music Centre
Day(s)/Time: To be confirmed
Uniform: Black trousers, black MBC Music Shirt
Conductor: Mr Simon Merry 3907 5710
Other Information: Open to girls in Years 8 – 12.
Entry by audition.
Performance opportunities – school functions and concerts.
Students are encouraged to write and perform original music.
Covers Rock repertoire of both current and past styles.
Guitar players must be members of Guitar Ensemble.

STAGE BAND

Season: Terms 1 - 4
Rehearsal Venue: Music Centre
Days/Time: Monday 3.30pm – 5.00pm
Uniform: Black trousers, black shirt
Conductor: Mr Josh McKeachie 3907 5710
Other Information: Open to girls in Years 8 – 12
Entry by audition.
Emphasis on Jazz repertoire.
Performance opportunities – school functions and concerts and outside functions.

STRING ORCHESTRA

Season: Terms 1 - 4
Rehearsal Venue: Music Centre
Day(s)/Time: Tuesday 3.30pm – 5.00pm
Uniform: Music Performance Uniform
Conductor: Miss Frances Hyu 3907 5710
Other Information: Entry by audition.
For advanced String players, emphasis on a high level of musicianship.
Wide range of styles performed.
Performance opportunities – school functions, retirement villages, eisteddfods and concerts.

TRAINING BAND

Season: Terms 1 - 4
Rehearsal Venue: Music Centre
Day(s)/Time: Tuesday 7.15am – 8.15am
Uniform: Full College Uniform
Conductor: TBC 3907 5710
Other Information: Usually for Year 5 Band instrument beginners.
Other Year levels starting an instrument this year also welcome.
Emphasis on building ensemble and performance skills.
Performance opportunities – school functions, retirement villages, eisteddfods, concerts.

TRAINING CHOIR

Season: Terms 1 - 4
Groups: Unlimited
Rehearsal Venue: Primary Music Room
Day(s)/Time: Tuesday 12.45pm – 1.10pm
Uniform: Full College Uniform
Conductor: To be confirmed 3249 9394
Other Information: Open to girls in Years 2 and 3.
Entry by informal audition.
Performance opportunities – school functions, retirement villages, eisteddfods, concerts.

TRAINING STRINGS

Season: Terms 1 - 4
Rehearsal Venue: Music Centre
Day(s)/Time: Wednesday 7.10am – 8.10am
Uniform: Full College Uniform
Conductor: Mrs Vanessa Loughhead 3907 5710
Other Information: Performance opportunities – school functions, retirement villages, eisteddfods, concerts.
Emphasis on building ensemble and performance skills.
**VOCAL POINT**

<table>
<thead>
<tr>
<th>Season</th>
<th>Terms 1 - 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rehearsal Venue</td>
<td>Music Centre</td>
</tr>
<tr>
<td>Day(s)/Time</td>
<td>Wednesday 7.00am – 8.15am</td>
</tr>
<tr>
<td>Uniform</td>
<td>Individual black attire</td>
</tr>
<tr>
<td>Conductor</td>
<td>Miss Elena Papas 3907 5711</td>
</tr>
<tr>
<td>Other Information</td>
<td>Open to girls in Years 8 – 12. Auditioned group. Must be a member of the College Chorale. Emphasis on non-conducted performing.</td>
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</tbody>
</table>

**WIND SYMPHONY**

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>Rehearsal Venue</td>
<td>Music Centre</td>
</tr>
<tr>
<td>Day(s)/Time</td>
<td>Tuesday 3.30pm – 5.00pm</td>
</tr>
<tr>
<td>Uniform</td>
<td>Music Performance Uniform</td>
</tr>
<tr>
<td>Conductor</td>
<td>Miss Lauren Wallace 3907 5710</td>
</tr>
<tr>
<td>Other Information</td>
<td>Open to girls in Years 8 – 12. Entry by audition. Performance opportunities – school functions, concerts and outside functions. Wide range of styles covered.</td>
</tr>
</tbody>
</table>

**SECONDARY STRING QUARTET**

<table>
<thead>
<tr>
<th>Season</th>
<th>Terms 1 - 4</th>
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</thead>
<tbody>
<tr>
<td>Rehearsal Venue</td>
<td>Music Centre</td>
</tr>
<tr>
<td>Day(s)/Time</td>
<td>To be confirmed</td>
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<tr>
<td>Other Information</td>
<td>Entry by audition.</td>
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**PRIMARY STRING QUARTETS**

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<thead>
<tr>
<th>Season</th>
<th>Terms 1 - 4</th>
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<tbody>
<tr>
<td>Rehearsal Venue</td>
<td>Music Centre</td>
</tr>
<tr>
<td>Day(s)/Time</td>
<td>To be confirmed</td>
</tr>
<tr>
<td>Uniform</td>
<td>Full College Uniform</td>
</tr>
<tr>
<td>Conductor</td>
<td>Mrs Vanessa Lougheed</td>
</tr>
<tr>
<td>Other Information</td>
<td>Performance opportunities - school functions, concerts.</td>
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**CHAMBER ENSEMBLES**

<table>
<thead>
<tr>
<th>Season</th>
<th>Terms 1 - 4</th>
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<tbody>
<tr>
<td>Rehearsal Venue</td>
<td>Music Centre</td>
</tr>
<tr>
<td>Day(s)/Time</td>
<td>To be confirmed</td>
</tr>
<tr>
<td>Uniform</td>
<td>Full College Uniform</td>
</tr>
<tr>
<td>Conductor</td>
<td>Miss Elena Papas 3907 5711</td>
</tr>
<tr>
<td>Other Information</td>
<td>Formed at the discretion of the Director of Music based on student interest.</td>
</tr>
</tbody>
</table>
SPOR TiNG ACTIViTiES

AERO BiCS
Offered to students in Primary and Secondary
Season: Terms 1 - 4
Teams: Sec: Levels 1 – 3. Individuals, pairs, trios, groups optional routines for selected athletes
Prim: Levels 1 – 3. Individuals, trios, groups
Training Venue: Aerobics Room, Waller Centre, Leita Boswell Hall
Competitions: Mainly in Terms 2 and 3
Competition Venue: Throughout South East Queensland
Uniform: Training - bike pants and sports shirt or gymnastics training uniform
Co-Champion: Competition - MBC leotard and College tracksuit
Coordinator: Mrs Liz Lyons 3249 9375

ATHLETiCS
Offered to students in Years 2 – 12
Season: Terms 2 – 4
Teams: Available for girls 8 -18 years of age
Events: Sprints, Middle Distance, Hurdles, High Jump, Long Jump, Triple Jump, Discus, Shot-put, Javelin, Relays
Training Venue: Moreton Bay College Ovals. Sessions generally held before and after school.
Uniform: Gold athletics singlet or maroon crop top (sec only), maroon bike pants/shorts, maroon cap, sports shirt, tracksuit.
Other Information: SECONDARY:
Warm up competitions are held on Thursday/Friday evenings 4.00 – 6.30pm in Terms 3 and 4. The warm up meets are held at The University of Queensland, St Lucia.
QGSSSA Competition: QSA Week 2, Term 4
Primary: Andrews Cup Competition: QSA in Term 3
Coordinator: Prim/Sec: Mrs Sue Pavish 3390 8555 or 0411 420 482
Head Coach: Mrs Sharyn Carson 0411 669 144

BADMiNTiON
Offered to students in Years 8 – 12
Season: Terms 3 - 4
Teams: Year 8, Year 9, Year 10, Senior (Years 11 and 12), Open. Several teams are offered in each category, except Open. Exact numbers of teams depends upon demand, coaching resources, vacancies in the draw.
Training Venue: Waller Centre and Leita Boswell Hall, lunchtime and after school
Competitions: QGSSSA - Ipswich Girls Grammar School, 2 x Saturdays in Term 4 and Centenary High School, Jindalee
Uniform: Sports shirt, maroon skirt or maroon shorts, white socks

BASKETBALL
Offered to students in Years 6 – 12
Cost: Uniform Hire
Training Venue: Waller Centre, Leita Boswell Hall, Outdoor Court – MBC
Two sessions per week. Session times are arranged in consultation with coaches and coordinators.
Uniform: Basketball singlet and shorts which are hired through sports department.
Other Information: Students will require the gold sports shirt and tracksuit for travelling.
SECONDARY:
Season: Training commences at the beginning of Term 1. The QGSSSA Competition is held on Friday afternoon/evenings in Terms 1 and 2.
Teams: Year 8, Year 9, Year 10, Senior (Years 11 and 12), Open. Two teams are offered in each category (except Open).
QGSSSA Competition: Venues vary depending upon host school. Home games are played in the Waller Centre, Leita Boswell Hall and on the outdoor court at MBC.
Qld. Champion Schools Competition – Open team only – end of Term 3 including Saturday Sunday – venues – external over 4 days.
Brisbane Schools Competition (Years 8 and 9) – Term 4 conducted over 2 days at an external basketball venue.
PRIMARY:
Season: Term 4
Teams: Year 6 and 7
Competition: Conducted over 2 days at an external Basketball venue.
Coordinator: Mr Mark Bartier 3390 8555 or 0411 420 482

CROSS COUNTRY
Offered to students in Years 4 – 12
Season: Terms 1 – 2
Training Venue: Moreton Bay College Ovals
Uniform: Athletics singlet, maroon crop top (sec only), maroon bike pants/shorts, tracksuit and sports shirt
Other Information: SECONDARY:
Several warm up meets are held prior to the QGSSSA Championships at various locations around Brisbane.
QGSSSA Competition: Rivermount College in Term 2
PRIMARY:
Andrews Cup Competition: Ipswich Boys Grammar Field, Bradfield Drive, Brassal in Term 2
Coordinator: Sec: Mr Adam Delroy 3390 8555
Prim: Mrs Sue Pavish 3390 8555 or 0411 420 482
**EQUESTRIAN**

Offered to students in Primary (from Prep) and Secondary  
Season: Terms 1 - 4  
Cost: $300 annual levy (Competition Team only excl. individual nomination fees)  
$45 per week (Development Squad)  
Events: Dressage, Show Jumping, Showhorse and Showman, Combined Training and One Day Eventing  
Competition Venue: Various venues throughout Brisbane and QLD, as well as Interstate  
Uniform: Equestrian uniform  
Other Information: Equestrian participation is managed by a school member of staff as well as the Head Coach. Program includes Competition and Development Squad. The Development Squad is for girls wanting to learn to ride with the hope to compete for the College in the future. Both teams are open to girls with or without their own horses. Conditions and costs apply to girls who would like to utilise horses through the Equestrian Coach.  
Coordinator: Mrs Nicolette McGregor  0407 797 828  
Head Coach: Ms Louise Stariha  0409 475 040/louisestarthisa@bigpond.com

**FENCING**

Offered to students in Years 8 – 12  
Season: Learn to Fence courses and Squad training – Terms 1, 2, and 3  
Training Venue: Waller Centre, Wednesday 3.30pm – 5.00pm or Thursday 3.30pm - 5.00pm depending on coach availability  
Competition Venue: Yeronga Institute of TAFE  
Uniform: Training is in sports uniform with tracksuit, or Fencing “Whites” which are not compulsory.  
Competition Uniform: Fencing “Whites” (available to hire)  
Coordinator: Mr James Keogh  3390 8555

**FOOTBALL**

Offered to students in Years 8 – 12  
Season: Terms 1 – 2 – QGSSSA competition held on Friday afternoons  
Terms 1 – 2  
Cost: Uniform hire  
Teams: Junior (Years 8, 9), Senior (Years 10, 11, 12), Open  
Training Venue: Moreton Bay College Oval  
Competition Venue: These vary depending upon host school. Home games at MBC or Villanova Park  
Uniform: Soccer shirt which is available for hire through the school, maroon shorts, tracksuit, long gold socks, soccer boots.  
Other Information: Shin pads are compulsory  
Coordinator: To be confirmed

**GYMNASTICS - ARTISTIC**

Offered to students in Years 3 – 12  
Training Venue: Waller Centre  
Uniform:  
Competition uniform: MBC leotard and College tracksuit.  
Other Information:  
Season: Training commences at the beginning of Term 1. The QGSSSA competition is held early May.  
Teams: Year 8, D grade, C grade, B grade, A grade and Open  
QGSSSA Competition Venue: Moreton Bay College  
PRIMARY:  
Season: Terms 3 - 4  
Teams: A grade, B grade, C grade, D grade  
Andrews Cup Competition Venue: Somerville House, early November  
Coordinator: Ms Laura Martin  0430 399 109

**GYMNASTICS - RHYTHMIC**

Offered to students in Years 8 – 12  
Season: Terms 2 – 3  
Training Venue: Leita Boswell Hall  
Teams: Year 8 – ball or hoop  
A grade and B grade – ball, rope, hoop, and ribbon  
Open pairs and group - ball, rope, hoop, ribbon and clubs  
Competition Venue: QGSSSA – Moreton Bay College  
Uniform: Training uniform: Sports shirt and bike pants/shorts or gymnastics leotard  
Competition uniform: College leotard and College tracksuit  
Coordinator: Ms Laura Martin  0430 399 109

**HOCKEY QGSSSA**

Offered to students in Years 8 – 12  
Season: Terms 2 - 3 – the QGSSSA competitions are held every Saturday morning in Term 3. (Open team may have some games mid week)  
Teams: Year 8, Year 9, Year 10, Senior (Years 11 and 12), Open  
Training Venue: Moreton Bay College Oval  
Training Times: 2 sessions per week. Session times are arranged in consultation with coaches and coordinators. Goalkeepers have one specialist session per week.  
Competition Venue: These vary depending upon the host school. Home games are played at Moreton Bay College. Some home games for the Open team may be played at the State Hockey Centre, Coomislie.  
Uniform: Sport shirt, maroon skirt/shorts, bike pants, long gold socks, soft maroon visor (tracksuit). The Open team plays in a lycra uniform which is hired from the Sports Convenor.  
Other Information: Mouthguards and shin pads are compulsory  
Students will be required to provide morning tea at one home match per season  
Coordinator: Mr Adam Delroy  3390 8555
**HOCKEY CLUB**

Offered to students in Years 3 – 8

**Season:** From April to August each year (training starts in March)

**Cost:** BWHA affiliation fee and trophy, photo, break-up

**Teams:** U7, U9, U11 and U13 divisions, depending on numbers

**Training Venue:** Moreton Bay College Oval

**Competition Venue:** Downey Park, Newmarket

**Uniform:** Sports shirt, maroon skirt, long gold socks, soft maroon visor, (tracksuit)

**Other Information:** Hockey caters for all levels of sporting ability and new players are welcome. Mouthguards and shin pads are compulsory.

**Coordinator:** Mrs Pam Nitarski 3390 8555 or 0408 729 029

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**SAILING**

Offered to students in Years 8 – 12

**Season:** Terms 1 and 4

**Cost:** “Learn to Sail” course

“Teams Racing” approximately $280 - 6-8 week competition (Term 1) and approximately $180 - 4 week competition (Term 4)

**Venue:** Royal Old Yacht Squadron – The Esplanade, Manly

**Uniform:** MBC wetsuit, sailing shorts, cap, PFD Type 2 lifejacket, long sleeve sport shirt, sailing gloves (optional)

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**NETBALL**

Offered to students in Years 5 – 12

**Training Venue:** Moreton Bay College Courts

**Uniform:** Sport shirt, maroon skirt, bike pants, tracksuit, white socks, soft maroon visor. The Open team plays in a specialist uniform.

**SECONDARY:**

**Season:** Terms 2 - 3

QGSSSA competition is held on every Saturday morning in Term 3.

**Teams:** Year 8, Year 9, Year 10, Senior (Years 11 and 12), Open

Several teams are offered in each category, except Open. Exact number of teams depends upon demand and coaching resources. There are usually three teams in each category.

**QGSSSA Competition Venues:** These vary depending upon host school. Home games are played at Moreton Bay College in the Leita Boswell Hall and outdoor courts.

**Other Information:** Students will be required to provide morning tea at one home match. Own transport for most away games

Elite competition includes Vicki Wilson Cup and Southern Skies Tournament

**PRIMARY:**

**Season:** Term 3

**Teams:** Year 5, C grade, B grade and A grade

**Andrews Cup Competition:** Held at MDNA, Coorparoo on a weekday towards the end of Term 3

**Coordinators:** Sec: Mrs Cath Rodmell 3390 8555

Prim: Mrs Deb Rosanoff 3390 8555

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**SOFTBALL**

Offered to students in Years 5 – 12

**Training Venue:** Moreton Bay College Ovals

**Uniform:** Sports shirt, maroon softball shorts, long gold socks, maroon cap.

Secondary teams can wear sliders/bike pants under the maroon shorts, and it is suggested knee guards and mouth guards be worn.

**SECONDARY:**

**Season:** Term 1 - Senior and Open. Term 4 - Year 8, 9, 10.

QGSSSA competition for Senior grades is held on Saturday mornings Term 1

QGSSSA competition for Junior grades is held over 3 weekdays Term 4

**Teams:** Year 8, Year 9, Year 10, Senior (Years 11 and 12), Open

**QGSSSA Competition Venues:** All teams Downey Park, Green Tce, Windsor

**PRIMARY:**

**Season:** Term 4

The Andrews Cup competition is held on 1 weekday Term 4

**Teams:** (Year 5 C grade fast track), B grade, A grade - normal softball

**Andrews Cup Competition:** Downey Park

**Other Information:** Mouth guards are strongly recommended

**Coordinator:** Mrs Rosemary Harm 3390 8555
SWIMMING
Offered to students in Years 3 – 12
Season: Term 4 and Term 1
Training Venue: Moreton Bay College Pool
Uniform: School togs and cap, sports shirt, tracksuit
SECONDARY:
QGSSSA Competition: Chandler Pool in Term 1
PRIMARY:
A warm up competition is held on a Saturday in Term 1
Andrews Cup Competition: Held in Toowoomba in Term 1 on a weekday.
Other Information: Training and squad session available for P - 12. Sessions are graded dependent upon student’s level of ability. Contact: Mr Shaun Crow (Head Coach) 3249 9393
Coordinators:
Secondary: Mrs Cath Rodmell 3390 8555
Primary: Mrs Jan Craig 3390 8555

TOUCH FOOTBALL
Offered to students in Years 5 – 12
Training Venue: Moreton Bay College Ovals
Uniform: Sports shirt, maroon shorts/bike pants, tracksuit, white socks, soft maroon visor
SECONDARY:
Secondary teams – QGSSSA shirt must have a number (organised through coordinator)
PRIMARY:
Season: Terms 1 – 2
Teams:
Year 5, C grade, B grade and A grade
Andrews Cup Competition: Held at Toowoomba on a weekday in Term 1
Coordinators:
Secondary: Mandi Markham 3390 8555
Primary: Mrs Sue Pavish 3390 8555

TEENNS
Offered to students in Years 5 – 12
Training Venue: Moreton Bay College Courts
SECONDARY:
Uniform: Tennis shirt (purchased), maroon tennis skirt (hired for season), tracksuit, white sports socks, soft maroon visor or maroon cap
Season: QGSSSA Tennis Trials for teams at the end of Term 1.
Training in Terms 2 and 3
QGSSSA competition is held on every Saturday morning in Term 3
Teams:
Year 8, Year 9, Year 10, Senior A, B, C and Open
QGSSSA Competition Venues: These vary depending upon host school.

PRIVATE COACHING:
Contact: Mr Robin White 3902 0550 or 0405 383 510
Coordinators:
Secondary: Mrs Rosemary Harm 3390 8555
Primary: Mrs Belinda Farrel 3390 8555

OTHER INFORMATION:
Students will be required to provide morning tea at one home match
Own transport for most away games

PRIMAR:
Season: Term 1
Teams:
Year 5, C grade, B grade and A grade
Andrews Cup Competition: Held at Toowoomba on a weekday in Term 1
Coordinators:
Secondary: Mandi Markham 3390 8555
Primary: Mrs Sue Pavish 3390 8555

TRIATHLON
Offered to students in Years 7 – 12
Season: Term 4 and Term 1
Teams: Individual and Triathlon Relay Team
Competition: Queensland Secondary Schools’ Competitions
Competition Venue: Various – South East Queensland
Uniform: MBC Sports shirt, togs and maroon shorts and cap (pre and post race)
Coordinator: Mrs Pavish 3390 8555 or 0411 420 482
VOLLEYBALL

Offered to students in Years 6 – 12
Training Venue: Waller Centre or Leita Boswell Hall
Generally 2 sessions per week. Session times are arranged in consultation with coaches and coordinators.
Uniform: Competition uniform is long sleeve gold sports shirt, maroon shorts, tracksuit, white socks (white knee pads are optional).
SECONDARY:
Season: Terms 2 - 3
OGSSSA competition is held on every Saturday morning in Term 3
Teams: Year 8, Year 9, Year 10, Senior A, B, Open
Training Venue: Waller Centre or Leita Boswell Hall
OGSSSA Competition Venues: These vary depending upon host school.

PRIMARY:
Season: Term 3. Teams enter 1 day tournament at QSAC at end of Term 3 or beginning of Term 4
Uniform: MBC Sports uniform
Coordinator: Ms Mandi Markham 3390 8555

WATER POLO

Offered to students in Years 5 – 12
Season: Term 4 and Term 1
Cost: Registration and Affiliation Fees (approx. $150)
Teams: Year groups (U13, U14, U15, U16, U18), depending on numbers
Training Venue: MBC Pool
Competition Venue: Valley Pool, Somerville House Pool, St Rita’s Pool
Uniform: MBC water polo togs, caps (provided), sports shirt (sailing shorts are optional)
Coordinator: Miss Wendy Phillips 3390 8555

AMERICA

Held: Every two years during Christmas holidays. (next tour 2013/2014)
Cost: Approximately $5,000 for 3 weeks away (plus spending money). Cost will vary.
Eligibility: Open to Years 9 – 12 (must be 14 years at time of travel)
Contact: Miss Genevieve Kane 3390 8555
Other Information: Live with an American family for 10 days
Visit Disneyland, Knott’s Berry Farm, Universal Studios, San Francisco, Los Angeles and San Diego
Tours of host city
Visit an American School

INDIAN HIMALAYA EXPEDITION

Held: Every two years (next trip 2012)
Cost: Approximately $6,000
Eligibility: Secondary students, usually 15-18 years old
Coordinator: Mrs Jenny Jarrett 3390 8555
Other Information: 3 – 4 week expedition includes:
8 – 9 day mountain trek through Himalayan wilderness
5 – 6 day village service project
Cultural immersion in places such as Kolkata, Darjeeling, Gangtok and the Sunderbans Wildlife Park
Aims: Students discover new cultures, face new challenges and learn new skills in a developing country.
Students develop the qualities of leadership, teamwork and self-reliance through active involvement.
Students learn about new places and people and discover effective ways of enjoying independent travel.
The adventures, the challenges, and the friendships formed while on expedition make for a memorable lifetime experience.

INTERNATIONAL EXCHANGES

Held: Annually
Cost: Hosting a student – Optional but if committed host family is required to provide a safe home stay environment with full board, laundry service, transport from home and to school daily and excursions on the weekend.
Eligibility: Students of French in Years 8 – 12.
For the Queensland-Switzerland Year 11 Exchange Program only Year 11 French students are eligible to apply and the number of students selected will depend on quality and quantity of applications received both in Queensland and in Switzerland. Applications for the Swiss Exchange often close Mid April of each year.
Training: Through a variety of exchange programs agencies such as:
Roger.white@data.qld.gov.au
Coordinator: Mme Ingrid Barnett barnetti@mbc.qld.edu.au
Other Information: Information on these programs is available from Mme Ingrid Barnett.
This is an opportunity for students to either receive International visitors for a number of weeks or, alternatively, travel to France, Switzerland, New Caledonia, Belgium or Quebec with an aim to experience a different language and culture.

JAPAN TOUR
Held: Every two years – next tour April 2013
Cost: Will vary depending on length of tour, exchange rate, airfares etc
Next tour will be approximately $4,500.
Eligibility: Students of Japanese in Years 10-12.
Coordinator: Ms Linelle Evans 3390 8555
Other Information: This tour usually consists of one week’s travel around Japan and a homestay or a school visit. Places visited include Tokyo, Kyoto, Hiroshima, Osaka and Takayama.

JAPANESE HOMESTAY PROGRAM
Students have the opportunity to host Japanese students for approximately 14 days in July/August.
Open to students studying Japanese (Years 8 – 12)

MUSIC TOUR
Held: Every two years
Cost: Approximately $5,000
Eligibility: Secondary students
Coordinator: Miss Ellena Papas
Other Information: 2 week tour includes:
Performances, Concerts, Recitals
Workshops and rehearsals with a variety of conductors and ensembles.
Opportunities to attend shows and local performances and perform with massed international ensembles.

NEW CALEDONIA OR FRANCE
Held: Every two years
Cost: Estimated cost which will vary each time depending on the destination. The cost is based on the exchange rate of the Australian dollar.
For New Caledonia the estimated cost will be approximately $2,850 for 11 days based on 15 paying students, which includes airfares, accommodation in hotel and home stay, language course if a commercial language school is used, excursions, and half board in home stay. Prepaid airport/airline taxes and levies as well, travel insurance, some lunches and pocket money are all extra.
For France/Geneva or France/Belgium, the estimated Tour cost for 3 weeks will be approximately $7,800 based on 15 paying students, excluding airport/airline taxes and levies as well, some lunches and pocket money.
For France itself, the tour cost for 2 weeks will be approximately $6,000
Eligibility: Students of French in Years 10 – 12.
Training: Several meetings are held one year prior to departure to prepare students on all aspects of travelling overseas with MBC escorts.
Coordinator: Mr Tim Gerard girardt@mbc.qld.edu.au
Other Information: · This is an opportunity for our students to either participate in a reciprocal exchange program with our closest International French Speaking neighbour New Caledonia and learn about the French/Pacific culture and appreciate multiculturalism which is one of MBC Student attribute.
· An overseas study tour allows students to foster skills of independence and self-management, as well as to gain a broader perspective and awareness of another culture, improving their intercultural understanding.
· A study Tour to France, Switzerland, Belgium or New Caledonia is a golden opportunity to expose students to authentic French language and culture.
· Students will be able to put their French language skills into practice and, simultaneously, experience authentic French culture.
· They will explore, investigate and improve their knowledge of France and its language that will reinforce and enhance classroom learning.

NEW ZEALAND SKI TRIP
Held: Every two years
Cost: Approximately $2700 for 1 week, which includes airfares, accommodation, ski hire, lift passes, daily lessons and sightseeing
Eligibility: Years 11 and 12 only
Coordinators: Mrs Sue Pavish and Mrs Cath Rodmell 3390 8555
Other Information: Sports that tour vary, past tours have gone to New Zealand, China, Europe and Great Britain.

INTERNATIONAL SPORTS TOUR
Held: Every two to three years
Cost: Approximately $3000 to $5000
Eligibility: Years 9 - 12 only
Coordinators: Mrs Sue Pavish 3390 8555
Other Information: Sports that tour vary, past tours have gone to New Zealand, China, Europe and Great Britain.
CLUBS AND GROUPS

AMNESTY INTERNATIONAL

The Amnesty group at MBC meets each week. It is supported by the Amnesty International Schools Network, which is made up of volunteers from the parent organisation. Amnesty is dedicated to the promotion and defence of Human Rights as outlined in the 1948 Declaration of Human Rights by the United Nations. It is mostly concerned with defence of individuals rather than broad political issues. Meetings can include: discussions about issues of importance; writing letters; planning for fundraising activities, such as Candle Day; preparing displays for special days; or lunch hour information projects. There is the opportunity to invite guests to special meetings to explain the details of selected world issues of the day. Students can attend conferences and workshops organised by Amnesty International. The group has access to a monthly newsletter and the Amnesty website. It is motivated by the idea of ‘knowledge-based activism,’ and would appeal to students who enjoy reading, researching and discussion.

Coordinator: Mr Bruce Lanham 3390 8555

BOOK CLUB

Season: Terms 1 - 4
Groups: Any interested student from Years 8 to 12
Cost: Nil

Meeting Venue: At MBC during lunchtimes or after school

Overview: The major aim of this club is to foster enjoyment of reading whilst sharing reading experiences and promoting new titles, particularly those by Australian authors. Students must be committed readers.

CHESS

Season: Terms 1 - 4
Groups: Any interested student from Years 1 to 12
Cost: Nil

Meeting Venue: Monday 3.15pm – 4.15pm Primary Library Community Rooms

Overview: Chess is a competitive game which is played on a square board divided into 64 squares arranged in 8 rows and 8 columns. It is a two-player game played with black and white pieces. The object of the game is to capture the opponent’s king or to force the opponent to checkmate, which is to threaten to capture the opponent’s king. Chess provides opportunities for students to develop critical thinking, strategy, and problem-solving skills. It also fosters teamwork and sportsmanship.

Coordinator: Mrs Leanne Woodgate 3349 9360

DUKE OF EDINBURGH

Season: Terms 1 - 4
Groups: Students aged 12 - 18
Cost: $37.00 plus the cost of various chosen activities.

Meeting: As required

Venue: Secondary library

Overview: The Duke of Edinburgh Award Scheme is a series of personal development awards available to young people world-wide. Students who participate in the program have an opportunity to develop skills such as leadership, goal setting and teamwork.

The program consists of five award levels: Bridge level 1 and 2, Bronze, Silver and Gold. Each of these award levels consists of four activities; Service, Adventurous Journeys, Skills and Physical Recreation. Some of these activities are done collaboratively, while others are planned and conducted individually by the students. Students must be committed and independent learners.

Coordinator: Mrs Dajo Finlayson

FUTURE PROBLEM SOLVING

Season: Terms 1 - 4
Cost: None, however, students who are selected for the National Final, will need to meet all costs of this trip. In the event of selection for International Future Problem Solving, all costs are met by the student’s family.

Teams: Years 8 - 11 Team number depends on student ability, commitment and interest

Training Venue: Moreton Bay College

Competition Venue: MBC

Coordinator: Ms Toni Banfield 3390 8555 or 3249 9346

Other Information: This activity is for academically talented students with a strong work ethic. Team members need to be independent thinkers who are self-motivated and who can work well as a member of a team.

GREENING MBC

The Greening MBC (GMBC) Support group meets twice a week on Monday and Fridays. It is a collaboration between the Secondary and Primary school to promote sustainable practices. We have a fully functioning veggie patch which we work on all year round. The students are taught about the benefits of growing your own food, and the skills needed to maintain a productive mini market garden. Further to this we also promote recycling and conservation practices around the College and complete projects to raise awareness in both the College and wider community.

Students are also given the opportunity to enter into competitions and attend seminars to further develop their knowledge and involvement in sustainable education. We have leadership roles for students interested in coordinating the group and team work across age levels is an integral part of the process.

Coordinator: Mr Nicholas Cooper

ICT/AUDIO VISUAL SUPPORT

Season: Terms 1 - 4
Groups: Year 10 – 12. Numbers are limited so students apply for the position and must be trained in order to take this role

Coordinators: Mr John Oxley

Other Information: The coordination of stage set up and the set up and operation of lights and sound system for Chapel, Assembly and special year group or whole school events is carried out by the members of this group. The girls are also available for ICT and audio visual support for individual staff members.

LEO SERVICE CLUB

Season: Terms 1 - 4
Cost: $5 – for membership (including badge and certificate, and insurance) payable by end of Term 1

Groups: Years 8 – 12

Meeting Venue: Library; every 2nd Thursday lunchtime

Coordinator: Ms Judy Harris and Ms Judy Howard 3390 8555

Other Information: The Leo Club is committed to providing students with leadership experience and opportunities in helping others less privileged than themselves, through a service-centred Mission. The club aims to fulfil its goals at a school, local and global level with activities such as support for research, the disabled, child sponsorship, and environmental projects.
MOOTING
Season: The Moot is held in May and the final in August
Cost: Transport costs to final at Bond University
Teams: Open to Year 12 Legal Studies students
Training: 3 hours per week – preparations occur in and out of class time during Terms 1, 2 and 3 if finals.
Uniform: Full College Uniform
Venue: D2
Coordinator: Mr Luke Emlyn-Jones
Other Information: Mooting is a competition based on legal argument. The purpose of mooting is to enhance students’ insight into the manner in which law is conducted in the Court System. It is distinguished from Debating in that mooting requires research, advocacy and teamwork in representing the team’s client in legal debate.

READERS CUP
Season: Term 2, 3 and 4
Groups: Years 6/7 and 8/9
Meeting: Weekly
Venue: Primary or Secondary Library
Cost: Intraschool – nil, Interschool - $10.00 per student registration (covered by library budget). Interstate – students who are selected for the National finals pay their own expenses but may be assisted by a grant from the Children’s Book Council of Australia, Queensland Division.
Coordinator: Mrs Dajo Finlayson 3390 8555 or 3249 9363
Teams: Teams of 3 or 4 dependent upon interest and ability.
Competition Venue: Local finals are held in Brisbane, other finals vary
Overview: This activity is for academically talented students who have a great love of reading. Team members need to be able to read, comprehend and think independently and work well as a member of a team. Digital skills are an advantage as students may be required to create booktrailers.

SCOPE
Season: Terms 1 - 4
Groups: Years 8 – 12
Meeting Venue: Fortnightly D1 at Friday lunchtime
Coordinator: Mr John Oxley 3390 8555
Other Information: SCOPE attracts students from all year levels who enjoy using Information Technology. Meeting topics vary widely and may include: gaming, hardware updates, software demonstrations, supervised chat, competitions and the ever popular “Internet Café” mornings. All meetings are advertised in the Student Daily Notices.

STUDENT REPRESENTATIVE COUNCIL
Season: Terms 1 - 4
Groups: Elected representatives from each Year level (8 – 12)
Meeting Venue: S8
Meeting: Weekly
Coordinators: Jessica Robertson and Allison Robertson 3390 8555
Other Information: Membership requires time and commitment from girls and a willingness to communicate with, work for, and represent fellow students.

SUPEA CLUB – SCRYITURE UNION PRIMARY AGE CLUB
Season: Terms 1 - 4
Groups: Years 4 – 7
Meeting Venue: RE classroom. Day to be advised. 12.45pm – 1.15pm
Coordinator: Chaplain Narelle McNamara 3390 8555
Other Information: Fun Christian Activities.

ROCK – INTER-SCHOOL CHRISTIAN FELLOWSHIP
Season: Terms 1 - 4
Cost: None on a weekly basis. Special interschool events on nights and weekends have costs that will be advertised.
Groups: Years 8 - 12
Meeting Venue: C2
Coordinator: Chaplain Jenny Busch 3390 8555 or 0407 750 408
Other Information: A camp is held during Term 2
Year level discipleship groups
BALLETT

Season: Terms 1 - 4
Groups: 3 years through to adults Ballet, Jazz, Tap, Contemporary, Hip Hop and Musical Theatre
Cost: 45 minute classes - $105 a term; 1 hour classes $115.00 per term
Training: Weekdays afternoons and Saturdays
Venues: Ballet / Aerobics Room and Winchester Centre

MBC CENTRE OF EXCELLENCE IN GYMNASTICS – ARTISTIC

Season: Terms 1 - 4
Cost: Depending on amount of training – published in newsletter
Training: All year round, catering for all levels of abilities
Venue: Gymnasium in Wailer Centre, MBC
Uniform: Competition – MBC leotard
Contact: Mr Peter Dowdell, Head of Gymnastics dowdelp@mbc.qld.edu.au 0414 517 385

MBC CENTRE OF EXCELLENCE IN GYMNASTICS – RHYTHMIC

Season: Terms 1 - 4
Cost: Depending on amount of training – published in newsletter
Training: All year round, catering for all levels of abilities
Venue: Leita Boswell Hall, MBC
Uniform: Competition – MBC leotard
Contact: Mr Peter Dowdell, Head of Gymnastics dowdelp@mbc.qld.edu.au 0414 517 385

SPEECH AND COMMUNICATION

Description: Students can engage in Speech and Communication tuition on an individual, pair or trio basis. Programs are designed to meet individual needs with the main aim of nurturing confident, clear and expressive communication. Informal and formal presentations, as well as examination and eisteddfod opportunities are offered throughout the school year.

Cost: Individuals (30 minute lesson) $30.50 per student
Pairs (30 minutes lesson) $17.50 per student
Trios (30 minutes lesson) $12 per student

Venue: the Hilda Greene Centre and Chapel Annex
Communication: Speech and Communication Program, c/- Primary Reception, MBC
Coordinator: Ms Annette Thomas 0412 731 152
Other Information: All lessons are conducted by qualified Speech and Drama tutors. Lessons can be arranged on a rotational timetable during the school day or outside of school hours (dependent on tutor availability). The Speech and Communication information booklet and enrolment form are available from Primary Reception or from the College website.

PRIVATE TUITION

DRAMA GROUP

Description: Students from Years 1-10 may participate in age-organised extra-curricular Drama groups. These groups are fun activities designed to develop social skills, communication confidence and dramatic ability.

Communication: Extra-curricular Drama Group Coordinator, c/- Primary Reception, Moreton Bay College
Coordinator: Ms Annette Thomas 0412 731 152
Other Information: An information leaflet (including an enrolment form) is available from MBC Primary Reception and the College website.
SWIMMING

Season: Terms 1 - 4
Cost: MBC and MBBC Students $50 per month for Junior - Seniors $25 per month dry land training (invitation only)

Training times: All Squads - Monday to Friday afternoons
Intermediates - Tuesday, Friday and Saturday mornings
Senior Development and Seniors - Monday Tuesday, Thursday, Friday and Saturday mornings

Training Venue: John Mason Pool, MBC

Teams: QGSSA, Andrews Cup and Maroon Teams

Club: Acacia Bayside Swimming Club

Competition Venue: BSA/QSA events, QGSSA and Andrews Cup - Chandler

Learn to Swim: Learn to Swim from 6 months old offered Monday - Saturday mornings and afternoons (please call for costs)

Head Coach: Mr Shaun Crow

Bookings and Enquiries: Mrs Nicolette McGregor (for bookings and enquiries) 3249 9393